



Developmental Delay Resources
&

The Mind-Eye Connection

Invite you to a one-day seminar for teachers, therapists, and
adults with AD(H)D

Treating AD(H)D without medication:
A Whole Body Approach

Saturday, October 15, 2005

9:00 am – 3:00 pm

Lutheran General Hospital

Johnson Auditorium

Parkside Professional Building

1775 Dempster Street

Park Ridge, IL

(approximately 2 miles east of I-294)

Patricia Lemer, M.Ed, co-founder and Executive Director of DDR, will discuss:

- What is AD(H)D?
- How are ADD and AD(H)D diagnosed?
- How do nutritional deficits contribute to AD(H)D?
- How diet impacts upon AD(H)D
- The role of allergies in AD(H)D
- Sleep disorders in AD(H)D
- Natural alternatives to medications

Deborah Zelinsky O.D., F.C.O.V.D., a neuro-optometrist in Northfield, IL. will

discuss the impact of Attention Deficit Disorder on:

- School performance and behavior
- Concentration
- Sensory integration

Alternative Therapies to be discussed include • *Brain Gym* • *CranioSacral Therapy* • *Neurofeedback* • *Auditory Therapies* • *The Feingold Diet* • *Homeopathy*

Boxed Lunch - add \$10 ___ Turkey ___Vegetarian

I'd like to join DDR:___\$50 Family ___\$90 Professional

Seminar Tuition:

___ \$65 DDR Members

___ \$85 Non-Members

___\$110 Couple

Total enclosed \$_____